



Students' voice on mental illness ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

# NAMI on Campus

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## Coming to a Community Near You

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## What is NAMI on Campus?

- NAMI on Campus (NOC) clubs are student-run, student-led organizations
  - They provide mental health support, education and advocacy in a university or college setting
  - They fight stigma by bringing awareness to the campus through special events and meetings
  - Works with counseling services
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# Why Do We Need It?

- About 1,100 lives a year are lost to suicide on college campuses
- Students rank depression as one of the top ten impediments to academic performance
- 25% of college students have a mental illness at any given time

But Most Importantly.....

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# NAMI on Campus Clubs & Their Members are the Future of NAMI NC



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# Where Do We Have NAMI on Campus Clubs?

- NC State University
  - UNC – Wilmington
  - UNC – Chapel Hill
  - Appalachian State University
  - Currently working with:
    - Sandhills Community College
    - Guilford Tech Community College
    - East Carolina University
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# NAMI on Campus - NCSU



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# NAMI on Campus – UNC-W



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# NAMI on Campus – UNC Chapel Hill



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# How to Start a NAMI on Campus

- Contact NAMI NC Office
  - Make a contact within the college/university. You need a faculty advisor for the club
    - Examples:
      - Psychology Department
      - Counseling Services
      - Social Work Department
  - Ask faculty advisor to put an 'interest' email out to their student contact lists
    - Talk about NAMI, what NOC is, need motivated students to help start this club, etc.
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# How to Start a NAMI on Campus

- Have faculty advisor or interested student(s) contact their student organization resource center
    - Find out procedures for being recognized as a campus organization
  - Hold an interest meeting with students who respond to email – let them know it will take a commitment
    - You need at least 5 students to form the club
  - Start planning awareness events and publicize the club so you can increase membership!
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# For More Information

- Visit [www.nami.org/namioncampus](http://www.nami.org/namioncampus)
  - Contact Jennifer Rothman at 800-451-9682 or email at [jrothman@naminc.org](mailto:jrothman@naminc.org)
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