

# Clippings Special Edition

## The Newsletter of NAMI North Carolina

### NC's Voice on Mental Illness

Winter 2003

## 2003 NAMI North Carolina Spring Conference:

### Building a System for Recovery

April 25-26, 2003

Hilton North Raleigh

### Keynote Speaker E. Fuller Torrey, MD

*Biography of Keynote Speaker E. Fuller Torrey, MD, President, Treatment Advocacy Center (Biography From the Treatment Advocacy Center Website [www.psychlaws.org])*

E. Fuller Torrey, MD, is a research psychiatrist specializing in schizophrenia and manic-depressive illness. He is president of the Treatment Advocacy Center and executive director of the Stanley Medical Research Institute, which support research on schizophrenia and manic-depressive illness. His work at the Stanley Medical Research Institute includes participating in ongoing collaborative research on viruses as a cause of these diseases. He also is a professor of psychiatry at the Uniformed Services University of the Health Sciences.

From 1976 to 1985, he was on the clinical staff of St. Elizabeths Hospital, specializing in the treatment of severe psychiatric disorders. From 1988 to 1992, Dr. Torrey directed a study of identical twins with schizophrenia and manic-depressive illness.

His research has explored viruses as a possible cause of these disorders and he has carried out research in Ireland and Papua New Guinea.

Dr. Torrey was educated at Princeton University (BA, Magna Cum Laude), McGill University School of Medicine (MD), and Stanford University (MA in Anthropology), and trained in psychiatry at Stanford University School of Medicine. He practiced general medicine in Ethiopia for two years as a Peace Corps physician, in the South Bronx in an OEO Health Center, and in Alaska in the Indian Health Service. From 1970 to 1975, he was a special assistant to the director of the National Institute of Mental Health. He is licensed by the National Board of Medical Examiners and Maryland.

He is the author of 16 books and more than 200 lay and professional papers. Some of his books have been translated into Japanese, Russian, Italian, and Polish. Dr. Torrey's

*continued on page 4*

Official  
Program  
With  
Registration  
Form

Register by  
March 25 to  
**Save Money!**

# Program Spring Conference

## Thursday, April 24 (Pre-Conference Meetings By Invitation)

- 2-3 PM** NAMI North Carolina Board Meeting
- 3-7 PM** NAMI North Carolina Consumer Council Annual Meeting and Leadership Training  
Facilitated by **Tom Lane**, Director of Consumer Affairs, NAMI National, and **Suzanne Vogel-Scibilia**, MD, NAMI National
- 3-7 PM** Special Session for Board Members of NAMI North Carolina Affiliates  
Training on *Standards for Excellence: A Self-Help Tool for Nonprofits' Organizational Effectiveness*,  
Facilitated by **Trisha Lester**, Vice President, North Carolina Center for Nonprofits (3-5 PM)  
Listening Session on NAMI North Carolina Training for Affiliates, Facilitated by **Kay Flaminio**, Executive Director, NAMI North Carolina, and **Beth Greb**, Director of Affiliate Relations, NAMI North Carolina (5-7 PM)
- 7-8:30 PM** Reception for NAMI North Carolina Consumer Council and Affiliate Board Members, Hosted by NAMI North Carolina Board and Staff

## Friday, April 25

- 8-9 AM** Continental Breakfast and Registration
- 9-9:30 AM** Welcome and Introductory Remarks  
**Ken Farrington**, President, NAMI North Carolina Board of Directors, **Kay Flaminio**, Executive Director, NAMI North Carolina, and **Eileen Silber**, Past President of NAMI North Carolina and Current Board Member of NAMI National
- 9:30-10:15 AM** Recovery and the North Carolina Mental Health Reform Plan  
**Carmen Hooker Odom**, Secretary, North Carolina Department of Health and Human Services
- 10:15-10:45 AM** Coffee Break, Opening of Exhibit Hall, and Opening of Consumer Hospitality Room
- 10:45 AM - 12 PM** A Panel Discussion: Implementing Mental Health Reform  
Moderated by **Beth Melcher**, Director of Public Policy, NAMI North Carolina  
The Advocate Perspective: **Christopher Phillips**, Chief, Advocacy and Customer Services Section, and Team Members From the North Carolina Division of Mental Health  
The Area Program Perspective: **Tom Maynard**, Director, Orange-Person-Chatham Area Program  
The Hospital Perspective: **Harold Carmel**, MD, Clinical Director, John Umstead Hospital, and **Brian Sheitman**, MD, Clinical Director, Dorothea Dix Hospital  
The Provider Perspective: **Sheldon Silk**, Telecare Corporation Consultant
- 12-1:30 PM** 2003 NAMI North Carolina Awards Luncheon  
Hosted by **Kay Flaminio**, Executive Director
- 1:45-2 PM** Introduction of Afternoon Speakers  
**Eileen Silber**, Past President of NAMI North Carolina and Current Board Member of NAMI National
- 2-2:45 PM** The NAMI National State Monitoring Project: A State-by-State Assessment of Recovery Systems  
**Rick Birkel**, PhD, Executive Director, NAMI National
- 2:45-3:30 PM** The Consumer Perspective on Community Treatment  
**Suzanne Vogel-Scibilia**, MD, NAMI National

- 3:30-5:00 PM** Keynote Presentation  
**E. Fuller Torrey, MD**, President of the Treatment Advocacy Center
- 5-6 PM** Book Signing With **E. Fuller Torrey, MD** (Books Available for Purchase)
- 6-9 PM** Reception for all Conference Attendees  
Hosted by NAMI North Carolina Board of Directors

## **Saturday, April 26**

- 8:30-9 AM** Continental Breakfast and Registration
- 9-10:15 AM** NAMI North Carolina Annual Meeting and Question-and-Answer Session With Board and Staff  
Facilitated by **Ken Farrington**, President, and **Kay Flaminio**, Executive Director
- 10:15-10:45 AM** Coffee Break in Exhibit Hall
- 10:45-11:30 AM** Advance Directives as a Recovery Tool for Consumers and Their Families  
**Marvin Swartz, MD**, Professor and Head, Division of Social and Community Psychiatry, Department of Psychiatry and Behavioral Sciences, Duke University Medical Center
- 11:30 AM -12:30 PM** Buffet Luncheon
- 12:30-12:45 PM** Introduction of Afternoon Speakers  
**Rick Birkel**, PhD, Executive Director, NAMI National
- 12:45-2:15 PM** Research Update  
Schizophrenia: **Jeffrey Lieberman, MD**, Thad and Alice Eure Distinguished Professor of Psychiatry, Director of the Mental Health and Neuroscience Clinical Research Center, University of North Carolina School of Medicine  
Manic Depression: Speaker not yet Confirmed  
Mental Illness in Children and Adolescents: Speaker not yet Confirmed
- 2:15-2:30 PM** Coffee Break in Exhibit Hall
- 2:30-3:30 PM** Ask the Doctor (Three Separate Sessions)  
Schizophrenia: **Jeffrey Lieberman, MD**, Thad and Alice Eure Distinguished Professor of Psychiatry, Director of the Mental Health and Neuroscience Clinical Research Center, University of North Carolina School of Medicine  
Manic Depression: Speaker not yet Confirmed  
Mental Illness in Children and Adolescents: Speaker not yet Confirmed
- 3:30-4 PM** NAMI North Carolina Board Meeting to Elect New Officers (By Invitation)

## **Keynote Speaker E. Fuller Torrey, MD**

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books include *The Invisible Plague: The Rise of Mental Illness from 1750 to the Present*, *Surviving Manic-Depressive Illness*, *Surviving Schizophrenia: A Manual for Families, Consumers and Providers (4th edition)*, and *Out of the Shadows: Confronting America's Mental Illness Crisis*. (Several of Dr. Torrey's books will be available for sale and signing at the conference.)

Dr. Torrey has appeared on national radio and television (outlets like NPR, Oprah, 20/20, 60 Minutes, and Dateline) and has written for many newspapers. He has received two Commendation Medals from the US Public Health Service, a 1984 Special Families Award from NAMI, a 1991 National Caring Award, and in 1999 received a research award from the International Congress of Schizophrenia and a humanitarian award from NARSAD. Born in Utica, New York, in 1937, he is married with two children.

## Clippings

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1-800-451-9682

Information about NAMI North Carolina  
Programs and Affiliates at  
**[www.naminc.org](http://www.naminc.org)**

## Scholarship Assistance

Limited scholarship assistance is available with preference given to consumers and family members of limited means. Please call Linda Buzard, Conference Manager, at 919-788-0801 before March 7 for information on how to apply. The conference committee of the NAMI North Carolina Board of Directors will make final decisions about scholarship assistance.

## NAMI North Carolina Clippings

309 West Millbrook Road, Suite 121  
Raleigh, NC 27609

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## Accommodations

### 2003 NAMI North Carolina Conference!

**Hilton North Raleigh**  
3415 Wake Forest Road  
Raleigh, NC 27609-7330  
Phone 919-872-2323  
Fax 919-876-0890

Make your reservations before March 25 to obtain a special conference rate of \$75 per night for single or double occupancy. Ask for the special rate for the NAMI North Carolina spring conference.

To get there, take Exit 10 off I-440. Go north on Wake Forest Road. The Hilton North Raleigh is on the left.

**April 25-26, 2003**

# 2003 NAMI North Carolina Spring Conference Registration Form

April 25-26, 2003  
Hilton North Raleigh

Name (1) \_\_\_\_\_

Member of a NAMI North Carolina Affiliate? \_\_\_\_\_

Professional Title and Organization \_\_\_\_\_

\_\_\_\_ Check if You Are a Professional and Need a Certificate of Attendance for This Conference

Street Address \_\_\_\_\_

City, State Zip \_\_\_\_\_

Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_

Email Address \_\_\_\_\_

Name (2) \_\_\_\_\_

Member of a NAMI North Carolina Affiliate? \_\_\_\_\_

Professional Title and Organization \_\_\_\_\_

\_\_\_\_ Check if You Are a Professional and Need a Certificate of Attendance for This Conference

Street Address \_\_\_\_\_

City, State Zip \_\_\_\_\_

Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_

Email Address \_\_\_\_\_

	<b>NAMI Member</b>	<b>Non-Member</b>	<b>Consumer</b>
<b>Registration Before March 25, 2003</b>	\$60 One Day \$90 Both Days	\$75 One Day \$125 Both Days	\$25 One Day \$40 Both Days
<b>Registration After March 25, 2003</b>	\$75 One Day \$125 Both Days	\$90 One Day \$150 Both Days	\$35 One Day \$50 Both Days

Registration Fees per Person Include Continental Breakfast, Lunch, and Reception on Friday, and Continental Breakfast and Lunch on Saturday

I (We) Will be Attending: Friday Only \_\_\_\_\_ Saturday Only \_\_\_\_\_ Both Days \_\_\_\_\_

Total Registration Fees: \$ \_\_\_\_\_

\_\_\_\_ Total Enclosed (Make Check Payable to NAMI North Carolina)

\_\_\_\_ Pay by Visa or MasterCard

Name on Card \_\_\_\_\_

Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_

Phone (H) \_\_\_\_\_

(W) \_\_\_\_\_

## Return to:

NAMI North Carolina  
309 West Millbrook Road, Suite 121  
Raleigh, NC 27609  
Attention: Linda Buzard, Conference Manager  
919-788-0801  
lbuzard@naminc.org

Please see the back page of this newsletter for information on accommodations and scholarship assistance.