

CLIPPINGS

News from the Executive Director

There are several times a year when the NAMI NC "family" gets together. In my first major NAMI NC event (NAMIWalks in the Triad, our awareness and fundraising event), I had not anticipated the heartfelt warmth I saw at the meeting of friends, people who seemed to know and genuinely care for each other. I saw that same warmth again at the Fall Institutes, and most recently, at the NAMI NC Spring Conference. As I have made it around the state, attending various Affiliate meetings, I continue to be impressed by the friendship and warmth that NAMI members have for each other.

This year, as in past years, the Spring Conference was really three meetings rolled into one. First, there was the NAMI NC Consumer Council meeting. Each Affiliate is encouraged to appoint a consumer member as their representative to this body that serves, not only in an advisory capacity for the NAMI NC Board, but one that can grow to be an integral part of our organization. As the Executive Director of NAMI NC, I attended this meeting and witnessed team building, a strengthening of NAMI. Both short and long term goals were established, officers elected, and plans established to strengthen the organization's governance. New friendships were built and old ones renewed. For me, it was good to see the continued development of the NAMI "family."

Another component of the Spring Conference is the educational sessions. At these meetings, we were able to bring in speakers on topics of interest, primarily around mental health reform. We heard national speakers, like the former US Surgeon General, Dr. David Satcher, speak about the need to reduce stigma. Dr. Satcher's statements resonated with the goals of NAMI and our plans to further extend the voice of people with mental illness and their family members within the community. All of the speakers carried the message that our mission of advocacy, education, and support is right for the times.

Inside this issue:

News from the Executive Director	1
NAMI NC Spring Conference	
Letter from the President	2
Advocacy/Education: NAMI NC Spring Conference	3
Advocacy/Education: NAMI NC Awards	4
Education: Duke Electronic Medical Record	5
Support: Consumer Council News and Life Plan Trust	6
Memorials and Honoraria	7
Upcoming Events	8

The Spring Conference is also the general meeting of the membership. Again, I was impressed by the "family" of NAMI NC, the representation of the Affiliates, and the interest in all of our members in being a part of the process. It was heartwarming to see friends engaged in discussions about how we can best apply what we learned in the education sessions. I hope that next year, more of the members will be able to attend, to take an active role in the organization's business, and further extend the reach of the "family." NAMI NC is a viable organization and wants each member to have a voice in leading us to the future.

Benjamin Staples, MS, MBA

Mental Health Reform Examined at NAMI NC's Spring Conference

NAMI North Carolina held its Annual Spring Conference on April 28-29, 2006 at the North Raleigh Hilton Hotel in Raleigh, North Carolina. This year's theme, *Mental Health Reform...Looking to 2010* focused on mental health reform at the national and local levels, and examined what an effective mental health system should look like for people with mental illness in North Carolina and their families. Over 200 people attended the conference to hear national, regional, and local speakers present on key issues and challenges facing mental health reform.

The Spring Conference opened on Friday with a dynamic presentation from Dr. David Satcher, 16th US Surgeon General. Dr. Satcher has been a strong supporter of mental health services and as US Surgeon General, put mental health reform on the federal agenda. His global view of mental health reform helped set the context for the topics covered throughout the conference.

Continued on p.3

2005-2006 STRATEGIC PLAN GOALS

- Enhance visibility of NAMI NC across the state
- Review and expand existing programs and build new ones
- Strengthen partnerships with affiliates to expand membership and build strategic networks
- Strengthen NAMI NC's advocacy efforts, including enhanced involvement in State Reform
- Ensure financial capacity to support the goals and objectives of the strategic plan

To NAMI North Carolina Members and Friends

NAMI NC Board of Directors

Carol C. Matthieu, M.Ed, President

Jim Pitts, Ph.D., President-Elect

Stan Oathout, Vice President

Becky Faucette, Secretary

Larry Hagler, Ph.D., CPA, Treasurer

Nancye Bryan

Mona Cornwell

John M. Crowe, D.Ministry

Joe Donovan

Kent Earnhardt, Ph.D., J.D.

Donna Kuniholm, J.D.

Floyd McCullouch, MA.Ed.

Eileen Silber

NAMI NC Office Staff

**Benjamin Staples, MS, MBA
Executive Director**

**Di Chen, MS, Accountant and Executive
Assistant**

Gloria Harrison, Helpline Manager

**Linda Swann, M.Ed., Young Families
Program Director**

**Brenda Walker, Family-to-Family Pro-
gram Director**

Vacant, Administrative Assistant

**Clippings Consultant, Christina Rausch,
MSW**

NAMI North Carolina is pleased to accept submissions, although guaranteed publication requires prior approval. The articles published, whether written by staff or outside contributors, are subject to editing for length, style, clarity and content. Submissions can be made by e-mail to mail@naminc.org, or by fax or mail (see back of *Clippings*) to the NAMI NC office.

**Printing services are provided by
Carter Printing.**

It is an honor to write the President's message for the first time. Each year your NAMI North Carolina Board of Directors elects its officers at a meeting during the Spring Conference. The Conference is a fitting place for this election because we have been surrounded, for three days, by amazing people from our membership, our invited speakers and guests, and our allies and partners in the mental health field. What better way to begin a term as President than to have that context of energy and inspiration. I appreciate the confidence the Board has placed in me and look forward to the coming year.

As our Board looks at our mission statement and the goals of NAMI North Carolina's Strategic Plan, it is very clear that there is much work to do and we face many challenges. A Strategic Plan is not a document to be put in a drawer and read once a year. It drives the work that we do and provides the framework for the Board's agenda. Your Board will spend its next meeting reviewing the Strategic Plan, assessing how we have done in the last year, changing and adding actionable components in the plan, and adopting outcome measures with a timeline.

Mental Health Reform, or Transformation, continues to be the highest priority issue for our membership. Consumers of mental health services, and their families, face an uncertain landscape. Budget shortfalls and broken promises have become the broken record of failing efforts to reform the system. We continue to look to Governor Easley to take a leadership position in Mental Health Transformation. His campaign promises have yet to be fulfilled and he has yet to respond to NAMI North Carolina's plea to create a Governor's Task Force to find the solutions. As Kathryn Power, Director of CMHS/SAMHSA, described so well in her plenary address, changes are needed at the core level, not just around the edges. The broad base of players who must be at the table in this Transformation process includes some who are not even aware of their role. As advocates we must lead them to recognize their responsibilities.

The spirit and dedication of NAMI members in every corner of our state is an impressive thing to watch unfold in the many community initiatives of NAMI Affiliates. I would like to meet and get to know more of you. Not only do we need to better recognize the accomplishments of our members at the local level, we need to share the creative ideas that you are generating. The affiliates that have staged Celebration of Courage in their communities have realized the benefit of a project that has been designed to be duplicated, thus building recognition for its goal of raising awareness. Recently I was invited to speak at NAMI Pitt County's community forum "Walking With Mental Illness." The members have offered to put together a "how-to" packet for affiliates who need organizational help with such a project.

As your new President, I want to extend a personal thank-you for all you do on behalf of persons with severe and persistent mental illness. Your continued involvement will help us achieve our goals. Even when the challenges seem the greatest, NAMI members find the strength and resilience to keep going. In the words of a current popular song, "today is where your book begins, the rest is still unwritten."

Carol Matthieu, M.Ed
President
NAMI North Carolina Board of Directors



Dr. David Satcher delivers a powerful keynote address.

(Photo credit: David Bibb)

Saturday’s plenary speaker was Kathryn Power, director of the Center for Mental Health Services at the Substance Abuse and Mental Health Services Administration (CMHS/SAMHSA). She spoke about mental health reform at the national level and what lies ahead for North Carolina.

Conference participants spent two days in general sessions and workshops on Housing, Criminal Justice, Eldercare, Vocational Services, Scientific/Research Updates, Disparities in the Mental Health System, Medicare Prescription Plan-Part D, Daughters and Sons of Persons with Mental Illness, Dual Diagnosis, Deinstitutionalization and Ask the Doctor. In addition to attending the educational sessions, participants spent time networking with colleagues, catching up with old friends, meeting new people, relaxing in the hospitality suite and visiting the exhibitors. (See below for a list of sponsors and exhibitors.)

There were many highlights at the Spring Conference. The Celebration of Courage flowers were compelling and made a powerful statement for mental illness awareness. Participants heard moving and inspiring tributes to extraordinary advocates for mental illness at the Awards Luncheon on Friday. Saturday’s luncheon was full of laughter and cheers as participants won fantastic prizes. We won’t soon forget the moment Becky Faucette’s name was called as the winner of the Family-to-Family Legacy Quilt.

NAMI NC believes participants left the conference with memorable moments, more knowledgeable about key issues that will impact mental health reform moving forward, and empowered to take an active role in shaping the future of mental health reform in North Carolina and their communities.

NAMI NC received very positive feedback on the conference. NAMI NC was commended for putting together a well organized conference, planning a timely agenda, and having distinguished national plenary speakers and high caliber workshop presenters. A recurring theme on the conference evaluations was, “this was one of the best NAMI NC conferences.”

It takes the efforts and hard work of many people to plan the Spring Conference. NAMI NC would like to thank the NAMI Durham Affiliate for hosting this year’s conference. A special thanks goes to the NAMI NC staff and everyone who helped make the 2006 Annual Spring Conference a success.



Conference participants and hotel guests enjoyed the Celebration of Courage flowers displayed on the hotel grounds by NAMI NC Wake County Affiliate.

NAMI NC would like to acknowledge the 2006 Annual Spring Conference Sponsors and Exhibitors and thank them for their generous support.

Sponsors

- AstraZeneca Pharmaceuticals, LP
- Duke University Health System
- Eli Lilly and Company
- GlaxoSmithKline
- Governor’s Advocacy Council for Persons with Disabilities
- North Carolina Council on Developmental Disabilities/
Feed His Sheep Ministries
- Pfizer, Inc.
- ValueOptions, Inc.

Exhibitors

- Alliance of Disability Advocates
- Borders Books
- Bristol-Myers Squibb
- Client Assistance Program
- Cyberonics, Inc.
- Eli Lilly and Company
- GlaxoSmithKline
- Governor’s Advocacy Council for Persons with Disabilities
- Janssen Pharmaceutical Services, Inc.
- Life Plan Trust
- My Medicare Matters
- North Carolina Council of Community Programs
- Step Gallery

“Sunshine & Shadows” Legacy Quilt



NAMI North Carolina presented the 2006 Family-to-Family Legacy Quilt at the 2006 Spring Conference to honor the memory of Phyllis Garriss Kennedy, Program Director. Mrs. Shirley Garriss, Phyllis’s mother, created the Legacy Quilt. The ticket sales and donations went to the Family-to-Family Program that Phyllis was so dedicated to. The drawing for the quilt was presented at the luncheon on Saturday. Becky Faucette, winner of the quilt, was a co-worker and dear friend of Phyllis.



2006 NAMI NC Awards Presented at the Spring Conference

NAMI NC is pleased to announce the 2006 Award Recipients. The NAMI NC Awards recognize exceptionally dedicated individuals whose efforts benefit people living with mental illness and their families. The awards were presented during the Friday Awards Luncheon at the Spring Conference. We congratulate the following 2006 Award Recipients:

Dr. Dorothy Oliver, **Advocate of the Year Award**. Dr. Oliver has had a significant impact on the lives of people living with mental illness and their families in her local community. She developed a program to disseminate educational pamphlets about mental illness to the general public, and secured funding for this effort. Because of Dr. Oliver's hard work and dedication, approximately 30 racks are displayed throughout Guilford County and over 11,000 educational pamphlets have been distributed to libraries, colleges and hospitals. Dr. Oliver was nominated by the NAMI Guilford County Affiliate.

Gregory Philips, **Media Award**. Mr. Phillips was a reporter for the Dunn Daily Record. In this role, he actively supported NAMI NC's mission to support, educate and advocate on behalf of people living with mental illness and their families. Mr. Phillips demonstrated through his stories his commitment to clarifying for all readers the significance of the changes in North Carolina's mental health system. He presented thorough, researched and clearly explained stories on the transition from Lee-Harnett Health Authority to the Sandhills LME. He also covered the story on the status of Good-Hope Hospital and its contested Certificate of Need to rebuild in Lillington, pointing out the implications of the hospital's closing on consumers and families of those suffering from mental illness. Mr. Phillips currently reports for the Durham Herald-Sun. He was nominated by the NAMI Lee-Harnett Affiliate.

Phyllis Kennedy, **Lifetime Achievement Award**. The award was given posthumously to Phyllis Kennedy, former director of the NAMI NC Family-to-Family Program. Mrs. Kennedy spent a great deal of her life advocating for persons with mental illness. Prior to her position with NAMI NC, Mrs. Kennedy worked with SEARCh, a family advocacy organization in Moore and Hoke counties, where she assisted families to access services for their children with brain disorders. Mrs. Kennedy also provided workshops across the counties to help teachers and parents learn about serious emotional and behavioral disorders in children. Her husband, Jack Kennedy accepted the award on behalf of the family. Mrs. Kennedy was nominated by NAMI Moore County Affiliate.

2006 NAMI Exemplary Psychiatrist Award

NAMI-Moore County recognized Dr. Mary T. Mandell at their May 1 Support Meeting as a 2006 Exemplary Psychiatrist Award Winner at the NAMI National level. This award distinguishes Dr. Mandell, on staff at First Health Outpatient Behavioral Services, as a psychiatrist noteworthy for going the extra mile in their community, for demonstrating exemplary commitment and expertise in their area, and for supporting NAMI activities. Dr. Mandell, one of 14 psychiatrists from throughout the United States honored with this recognition, is the first North Carolinian in over 10 years to have been selected for this prestigious award after having been nominated by NAMI-Moore County. NAMI-MC offers its heartiest congratulations to Dr. Mandell for winning this well-deserved award.



NAMI-Moore County Volunteers

Thank you to these NAMI-Moore County members! These dedicated volunteers helped disseminate information about NAMI to the community while selling "sassy sandals" made by our membership as a fundraiser. From left to right is the Laughlin Family, Christopher, Patty and Chris, and in front, longstanding member, Mary McAden. The picture was taken at the NAMI Booth at Springfest held on April 26, 2005 in Southern Pines, NC.

Duke Clinical Management Research Information System (CRIS): Using Technology to Improve Care

By Kenneth Gersing, MD and Deo Garlock, MHA

Introduction to Duke Behavioral Health Electronic Medical Record

The Duke Department of Psychiatry formed the Psychiatry Informatics Services group in 1995 to develop a world-class electronic medical record, clinical trial electronic data capture, and data repository designed to truly deliver evidenced-based medicine for behavioral health. In 1997 the Medical Informatics Group rolled out the first version of CRIS. In 2004 Duke began selling and implementing CRIS to other organizations.

CRIS seamlessly integrates clinical care at all levels, clinical and regulatory management, and clinical research. CRIS includes:

- Behavioral health specific clinician administered scales, assessments and diagnostic instruments to identify problems, develop treatment plans, and implement interventions.
- Patient and Family Portal - behavioral health specific patient/family-administered 1) advanced directives, and 2) questionnaires, surveys and scales to identify problems, develop treatment plans, and implement interventions.
- Embedded behavioral health specific clinical practice guidelines
- Decision Support Engine to: establish and enforce internally developed evidence-based practices and other local clinical protocols and guidelines, capture necessary data to meet Pay for Performance requirements, ensure collection of all data required for billing, collect all JCAHO required data, and conduct clinical studies.
- CRIS education and information web links
- CRIS clinical outcomes data warehouse for retrospective decision support
- CRIS Global Database (all customers) to share anonymized data for research and benchmarking purposes.

The goals of CRIS are to improve process and delivery of care, incorporate evidence-based practices, and improve patient outcomes: capture outcomes, relate to treatment, and use rules engine to guide and improve clinical outcomes. CRIS will also meet regulatory patient care and reporting requirements, and help research by serving as a Single Source clinical trials data capture tool (serves as both the medical record and the clinical trial data capture tool).

Incorporation of Evidence-based Practices

At its clearest and simplest definition, evidence-based practices are the methods of delivering services to people that scientific evidence demonstrates are effective. Groups such as the Agency for Healthcare Research and Quality in the United States and the Cochrane Collaboration have established principles for determining the effectiveness of treatments. These include:

- ◆ Randomized clinical trials improve the validity of causal conclusions.
- ◆ Replication of results in multiple settings improves the validity of results for actual practice.
- ◆ Consistency of findings builds confidence.
- ◆ Evidence can be ranked in terms of validity, clinical confidence, and expert judgments

The Duke Department of Psychiatry Medical Informatics Group applies all of these methods to identify and incorporate evidence-based practices into CRIS. Over the past eight years Duke behavioral health practitioners used CRIS to instill their collective experience along with clinical data in the CRIS database – over 30,000 patients and 250,000 patients. Through its data-element design and rules engine, CRIS requires clinicians to follow regulations, and clinical practices and enter required data including outcomes on every clinical note. Additionally, CRIS customers further enhanced the functionality of CRIS by requesting customizations that reflect their best practices and by adding scales and instruments.

As a research institution, Duke leads and participates in hundreds of clinical research studies. These studies offer Duke the opportunity to work with and learn from industry experts and add various treatment protocols, scales, tools and practices into CRIS.

Duke recently started working with Robert Drake, MD, PhD from Dartmouth, a recognized leader in evidence-based practices. Dr. Drake works with a number of organizations such as Robert Wood Johnson Foundation and the West Foundation. Dr. Drake's work generally focuses on 1) identifying effective treatments, 2) involving consumers and families in treatment decision-making, 3) helping more consumers and families access services that are effective, 4) developing evidence-based treatment toolkits for serious mental illness, 5) assisting providers of mental health services develop the skills necessary to deliver effective services, and 6) working with administrators to establish mechanisms to support and maintain these effective services.

By using CRIS, clinicians can automatically identify patients who meet known criteria, guide providers through assessments, link practitioners to educational information, and determine and require critical evidence-based treatment elements. The shared databases and collective expertise and experience of the CRIS customer user group will be used to build better treatment approaches and protocols to further enhancement CRIS. We believe this will result in more efficient care, more effective resource management, and improved outcomes.

NAMI NORTH CAROLINA CONSUMER COUNCIL ANNUAL BUSINESS MEETING

On Thursday, April 27, 2006, the NAMI North Carolina Consumer Council held its annual business meeting prior to the start of the NAMI Spring Conference. We were delighted to have Consumer Council Representatives and Alternates from several counties, as well as additional Consumer Council members. Also in attendance at the meeting were, Marty Raaymakers, National Consumer Council Chair; Dr. Suzanne Vogel-Scibilia, President, NAMI Board of Directors; Teri Brister, Regional Leadership Consultant, NAMI; and Benjamin Staples, Executive Director, NAMI North Carolina.

Ann Remington from the Consumer Empowerment Team of the Division of MH/DD/SAS gave a wonderful presentation on the importance of consumers being actively involved in their local CFACs and ways in which the Consumer Empowerment Group supports your CFACs efforts to advise the local LME. Marty Raaymakers and Dr. Suzanne Vogel-Scibilia held a discussion session with all members of the Consumer Council that were present to help put the NCCC on the right track for success. Goals were established for 1, 2, and 5 year increments for the NCCC. A few of the one year goals are creating a budget for the Council, holding monthly teleconference calls between the executive committee, identifying a consumer representative for each affiliate, and increasing consumer membership in CFACs throughout the state.

Benjamin Staples applauded all Council members for their efforts at advocacy and he supports the Council's input in speaking through their leadership within the organization structure.

Elections for vacant positions on the Consumer Council Executive Committee were held at the end of the meeting. The newly elected officers are Loretta King, 1st Vice-Chair (1 Year Term) and Chantel Brown, 2nd Vice-Chair (2 Year Term). The Secretary position (1 Year Term), which was filled by Kathy Winn, is currently vacant. Kent Earnhardt remains President of the Council, as his term is still active.

As Co-Vice Chair I will say that we had a very productive meeting and have definite goals, which we will meet this year to ensure that consumers have a strong voice through NAMI. We intend to work closely with NAMI North Carolina throughout the year and we thank them for their support.

Chantel Brown, Co-Vice Chair, NCCC

Life Plan Trust: A Resource for Future Planning

Life Plan Trust, Incorporated is a non-profit organization providing information on effective future planning for families of persons with disabilities. Co-founded by NAMI North Carolina and the Arc of North Carolina in 1990, Life Plan Trust has helped over 250 families develop a comprehensive Careplan for their family member with a disability. The future Careplan will become active at the death of the parents. Enrolling in Life Plan Trust and working with our staff to develop an individualized Careplan can bring peace of mind to parents, knowing that support systems will be in place for their family member after their death. It is not necessary to fund the trust at the time of enrollment; the trust can be funded from your estate.

Life Plan Trust currently serves as trustee for eighty five individuals with disabilities across the state, and has over 4.75 million dollars under management. Some of these trusts were funded by the individual with a disability with a back payment from Social Security, a personal injury settlement, or unexpected inheritance. If your family member has lost benefit eligibility due to excess resources, establishing a Pooled Trust may be an option to help restore essential benefits like Medicaid.

Life Plan Trust only serves trust beneficiaries with mental illness or developmental disabilities, so our staff are very knowledgeable about government benefit eligibility rules and how trust funds can be utilized without jeopardizing other essential benefits, such as Medicaid.

If you would like to receive a free information packet, containing information about effective future planning and government benefit eligibility, please contact our central office at 1-888-301-0799, or email us at lifeplantrust@earthlink.net. Our staff can also speak at a support group or NAMI local affiliate meeting – our presentation on effective future planning is very popular. In addition to our central office in Wake County, we also have a field office in the Asheville area, and in Wilmington.

Life Plan Trust is celebrating our fifteenth year of service to families of person with disabilities across North Carolina. We are grateful to NAMI North Carolina, who continues to support Life Plan Trust.

Deane Bales
 Mr. and Mrs. Robert Jordan
 Rob Bowers
 Ms. Regina S. Dickens
 Kevin Braswell
 Ralph C. Kennedy III
 Claudia Von Grunebaum
 Dr. Elizabeth Detty
 Martha W. Agner
 Thomas and Catherine Barrett
 Harry and Alberta Brown
 Rip and Debbie Collins
 Mr. and Mrs. Robert Gilfillan
 Mr. and Mrs. Charles H. Goldman
 Ms. Susan F. Hillock
 Ms. Rebecca McKinley
 Ms. Mary Sweet Ruffy
 Larry and Jo Ann Shaw
 Ms. Coline H. Walker
 Helen Cline Earhardt
 Mrs. Eileen F. Silber
 Eileen B. Fogarty
 CellzDirect, Inc.
 Dick, Robin and Miles Foy
 Mr. and Mrs. S.A. Hennis III
 Dr. Beth Hardy Garriss
 The Hardwood Store of NC, Inc.
 David Gillespie
 Russ and Susan Stephenson
 Dr. J.J. Haggerty
 Mrs. Edith Hansen
 Mrs. Jerry Lynn Hancock Nance
 NC Psychiatric Association
 Ms. Barbara Johnson
 Mr. Eric Johnson
 Phyllis Kennedy
 Ann G. Allgood
 Florence Holleman Circle Apex United
 Diana Bowman and Mike Howard
 Sam and Nancye Bryan
 Mary Jane and Chris Caison
 Mr. and Mrs. William L. Castellow
 Dr. and Mrs. Frank Cleary
 William (Bill) and Ann Cowper, III
 Ira and Jessie Cutrell
 Helen DeCasper
 Ms. Linda Eelman
 Mr. and Mrs. Garry Garriss
 Ms. Sallie Garriss
 Ms. Dorothy Garriss
 Ms. Shirley Garriss
 Mr. Kenneth A. Garriss
 David and Geddie, Jr.
 Ms. Cheryl George
 Mr. and Mrs. Robert Gilfillan
 WM Durward and Catherine Grady
 The Hardwood Store of NC, Inc.
 Nash and Judy Hardy
 Dr. Beth Garriss Hardy
 Mr. and Mrs. Robert Harrison
 Ms. Elaine Hayes
 Hazel and Cleatus Howell
 Jerry F. Jackson
 William (Bill) and Mary Kempffer
 Ms. Lynne M. Kennedy
 Thomas and Mary Killeen

Phyllis Kennedy
 Bobbie and Billy Leab
 Deloriese Lockerman
 Donald M. MacQueen, M.D.
 Robert and Diane Matthews
 Dr. and Mrs. Donald E. Matthieu
 Mr. and Mrs. Wayne McAfee
 Dr. Beth Melcher, Ph.D.
 Donald and Ileine Morris
 Glenn and Sue Morton
 Mr. and Mrs. C.L. Morton, Jr.
 NAMI Durham
 NAMI Western Carolina
 Ms. Barbara Nettles-Carlson
 Robin J. O`Neil
 Dr. and Mrs. David Purpel
 Hortense B. Raynor
 Timothy and Vicki Richardson
 Ms. Marjorie Riddle
 Rev. and Mrs. Lester Robbins
 Carole and Bobby Robinson
 Mr. and Mrs. Jim Russell
 Mickey and Charlene Sartin
 Mrs. Eileen F. Silber
 Mildred T. Spell
 William B. and Anne Edwards Squire
 Mr. and Mrs. Tom Swann
 Robert and Jane Thaxton
 Mr. and Mrs. William P. Toney
 Leo and Shirley Walsh, Jr.
 Joe and Gladys Warlick
 Ms. Jane G. Watts
 Ms. Diane Weaver
 Ms. Vickie Wilson
 M.J. and Janet Winstead
 Harry Larche
 Mr. Walter E. Titchner II
 Byron Martin
 NAMI Rockingham County
 Anne Michie
 Ruth L. Hines
 Dr. Thomas S. Perrin
 Mr. and Mrs. Rufus and Mary Allison
 Jim and Sallie Clotfelter
 William and Eleanor Cooke
 Mr. and Mrs. Edward P. Perrin
 L. Perrin and Kay A. Powell
 Elizabeth P. Powell
 Dr. and Mrs. Hugh and Margaret
 Verner
 Charles Reddy
 Ms. Anne Allison
 Phyllis Golden Andrews
 Mr. and Mrs. Thomas Ball, III
 Claudia Bernard
 Kristin and Steven Bradley-Bull
 Robert and Helen Conrad
 Philip and Judith Cook
 Mrs. Margaret A. Corrigan
 Duke School
 Duke University Department of History
 Louis and Deborah Ginocchio, Jr.
 Chris Goelz
 Lisa J. Greenberg
 Dr. Beth Garriss Hardy

Charles Reddy
 Cynthia B. Herrup
 Deborah L. Jakubs
 Bruce and Barbara Jentleson
 Stephen Mark Klyza
 Frederick C. Kull, Jr.
 Peter Lange
 Patty Layne
 Penelope Maunsell
 Patricia McHenry
 Mr. and Mrs. Thad Moore
 NAMI Durham
 Margaret A. Palmer
 Mr. and Mrs. John and Lucille Payne
 Alex and Elizabeth Roland
 Dorothy B. Routh
 Irene Silverblatt
 Olivia Singleton
 Roy and Jeannette Stein
 Stephen and Pamela Stump
 Nancy Vaupel
 C. Ray and Cathleen Walker
 John and Susan Weigly
 Bruce and Sharon Wiley
 Duncan Yaggy
 Mark Zanchelli
 John Riebel
 Mr. and Mrs. Richard Kosiba
 Peggy and Joy Riebel
 Mrs. Eileen Stirling
 Ashley Roy
 Mr. and Mrs. James Moyer
 Conrad Ryden
 James and Eugenia Merritt
 Kevin and Lynette Talton
 Joshua Seay
 Dan and Melissa Poynter
 James B. Shaw
 Mrs. Lucille Clontz
 Ms. Roselynd Myers
 Elsie B. Sides
 Mr. and Mrs. Maurice Cook
 Douglas and Carrie Small, Jr.
 Mark Silver
 Ms. Anna Scheyett
 Phillip Smith
 Ms. Shirley Sanford
 Dee Stables
 Mr. Andrew Westhead
 Marie Whitehurst Wells
 Bobby and Vivian Carpenter
 Mr. Nat Dean Ellis
 Anne H. Fishel
 Mr. and Mrs. Paul Lindsay
 Mr. and Mrs. C.L. Morton, Jr.
 Ms. Barbara Nettles-Carlson
 Kathleen Stevenson
 Dr. Margery S. Sved, M.D.
 Carolyn and Theodore Thornton
 Stephen and Bonnie Wells
 Lee and Ann Whitehurst
 Jeffrey West
 Ms. Martha G. Parsons
 Cindy Wheeler
 Mr. Bill Poston

- The **2006 NAMI Convention** will be held **Wednesday, June 28—Sunday, July 2** at the Washington Hilton Hotel. You can see the schedule of meetings at the NAMI website, <http://www.nami.org>.
- Mark your calendars and make plans to attend the **2006 North Carolina Psychiatric Association Annual Meeting and Scientific Sessions**. The dates are September 14-17, 2006 and the place is the Renaissance Asheville, One Thomas Wolfe Plaza, Asheville, NC. Phone (828) 252-8211. The 2006 Program Committee, chaired by Dr. Art Kelley, is already hard at work to make 2006 the best meeting ever!
- **SAVE THE DATE: 2006 NC DMH/DD/SAS Rights and Empowerment Conference: September 15 AND 16, 2006.** Downtown Sheraton Hotel, Raleigh, NC

**NAMI North
Carolina's
HELPLINE
800-451-9682**



NC ONLY

When you need:

***Support**

***Information**

***Referral**

***Someone to listen**

***Someone to
advocate**

for you

NAMI North Carolina is a grassroots organization providing advocacy, education and support. The mission of NAMI North Carolina is to optimize the quality of life for individuals and their families affected by severe and persistent mental illness. We work to protect the dignity and promote the recovery of those living with brain disorders.

Phone: 919-788-0801
Helpline: 800-451-9682 (NC only)
Fax: 919-788-0906
Email: mail@nami.org
www.nami.org

309 West Millbrook Road, Suite 121
Raleigh, NC 27609



Nonprofit Org.
U.S. Postage
Paid
Raleigh, NC
Permit No. 1987