

**NAMI North Carolina Board of Directors Retreat**  
**November 19, 2011**  
**9:30 a.m. – 1:52 p.m.**  
**Alamance Caswell Regional Medical Center**  
**Small conference room off of the Wave Crest cafeteria at ARMC**  
**1240 Huffman Mill Road**  
**Burlington, NC 27215**

*The mission of NAMI North Carolina is to promote recovery and  
optimize the quality of life for those affected by mental illness.*

**Present:** David Bullins; Vickie Carpenter; Bonnie Currie; Barbara diCiero; Samuel Hargrove; Ernst Hayman; Marc Jacques; Lena Klumper; Dr. Mary Mandell; Suzanne Martin; Mike Mayer; Julie McCormick; Tim Nordgren; Anthony Pugh; Art Springer; Ben Staples; Ted Thomas; Mike Weaver

**Staff:** Deby Dihoff

**Excused:**

**Teleconference:**

**Unexcused:**

**Public:**

The NAMI NC Board Meeting was called to order at 9:30 a.m. by President, David Bullins. He welcomed board members. David thanked Becky Springer for her assistance in arranging the accommodations for the board meeting. Board Giving reports were distributed.

### **Minutes**

Julie McCormick made a motion to approve the October 8, 2011, board meeting minutes. Motion seconded by Vickie Carpenter. Approved.

### **Audit**

Tom Turner, CPA, with Heroux & Company, LLP, performed an audit of the financial statements of NAMI North Carolina, Inc. and has issued audit a clean opinion for year ended June 30, 2011. Tom went over the audit packet and a letter outlining the material weaknesses noted during the audit process. Tom noted he feels comfortable with the current NAMI NC bookkeeper, Jeannine's, abilities as we move forward. The final NC Tax Form 990 for 2010 was passed around and reviewed by board members.

### **Treasurer's Report**

Mike Weaver made a motion that we meet via teleconference on December 8 @ 4:30 to review current financial performance. Tom suggested that the P and L be reported month by month. Motion was seconded by Sam. Approved.

### **Consumer Council**

Marc Jacques announced that the Consumer Council is meeting the 1<sup>st</sup> Thursday of every month. The Consumer Council is experiencing financial growth. Money is being raised and currently there is \$436. The Consumer Council is planning to have a spring get together. The focus will be on recovery. Marc reported that one of the council goals is to help consumers attend the North Carolina and/or the National Conference in Seattle. Marc urged the board to be

aware of 122C discussions and the movement toward LMEs becoming MCOs. Consumers will be providing input on recovery language as 122C 170 and 171 are revised.

David Bullins reported there is strong support to help consumers and families maintain involvement in setting up new government entities with the LME MCOs.

### **Board Development**

NAMI Center for Excellence

Ben Staples facilitated a discussion on Board Roles, Responsibilities, Boundary Issues, and Etiquette during a PowerPoint presentation and case study.

Discussion ensued on:

- Confidentially
- NAMI opinion vs. personal opinion
- Conduit for information and representing self in the community--you are member of the board, but do not speak for the board

### **Updates from Deby**

- Deby welcomed Anthony Pugh to his first official board meeting and Barbara diCiero for her return back to the board.
- There were 217 individuals registered for the NAMI North Carolina's 26<sup>th</sup> Annual Conference held October 7 – 8, 2011. Feedback from the Annual Conference—Growing our Grassroots . . . Our Garden of Recovery. Mike Weaver suggested having the board meeting at 7:30 am instead of at the end of the day.
  - 217 registered
  - profit was \$5,112 (less than less year by about 10K; more expenses with AHEC, but largely a decrease in sponsorships and exhibitors)
  - The leadership conference held in September indicates that we can expect turmoil as affiliates begin achieving Standards of Excellence
- An Eastern Regional NAMI meeting is being planned for Feb 28, 2012
- NAMI NC is working with Centerpoint on some of the issues associated with the new Text for Teens program. We need to beef up our training, QA protocols, etc.
- The prison situation continues to be urgent. Keep it on your radar.
- Jennifer Rothman has been published in the Carolina Parent, "Understanding Mental Illness."

### **Strategic Plan**

Julie McCormick presented an overview of the revised strategic plan/format and the committee responsibilities relative to the plan. Mike Weaver shared the process of strategic planning that he experienced with NAMI National and the use of the strategic planning screening tool.

Julie – next action items

- all committees meet and discuss strategic plan
- changes are to be tracked on the document
- each committee is to provide feedback on the draft Strategic Plan to Julie by December 16
- each committee chair should send updates/general report information from their committee to Julie
- Julie will share the complete report to the board.
- Julie will make ongoing reports to the board

There was discussion on needing goals that are achievable. Deby mentioned that she was concerned that by just going back to committees for input, there will be no way to prioritize the spending recommendations that supercede committees- consumer peer program person, more advocacy support, more administrative help, marketing staffer, communications staffer, etc. We talked about a survey monkey process or a nominal group process in addition to the next steps detailed above.

## Veteran's Council

The first call of the first Veteran's Council is November 28, 2011 at 4:00 p.m. Sam urged board members who are interested in making donor calls to call Susan.

## Public Comments

None

The meeting adjourned at 1:52 p.m. and was followed by New Board Member orientation for Mary Mandell and Anthony Pugh as well as Suzanne Martin (who had not previously had the orientation)

Next Regular Meeting: January 21, 2012 (teleconference 1-866-316-1519 passcode: 965266#)

Next special meeting: December 8, 4:30 (same conference info)

Submitted by,

Bonnie Currie  
Board Secretary