

# NAMI North Carolina Ballot for the 2010 Board of Directors Elections and Proposed Bylaws Amendment

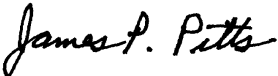
NAMI North Carolina is pleased to present the 2010 ballot, which includes 8 candidates seeking election or re-election to the NAMI North Carolina Board of Directors and a proposed change to the NAMI North Carolina Bylaws. NAMI North Carolina Bylaws provide that each paid Family/Individual, Professional, or Open Door Membership be given the opportunity to participate in the elections.

## **THIS WILL BE YOUR ONLY CHANCE TO VOTE!**

- **Read the information provided on each nominee and proposed bylaws change carefully (starts on page 6).**
- Mark your ballot below.
- Mail form to NAMI North Carolina at **309 W. Millbrook Road, Ste. 121, Raleigh, NC 27609.**
- Or you may Fax to **919-788-0906.**
- Email Ballot to: [skingcope@naminc.org](mailto:skingcope@naminc.org) — Please include *NC Board of Directors and Bylaw changes* as the Subject Line
- All ballots must be received in the NAMI North Carolina office no later than close of business **Friday, September 3, 2010.**

Please take time to vote. The work of NAMI North Carolina is so important to all of us!

Sincerely,



Jim Pitts, PhD  
President, NAMI North Carolina

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**Please complete, cut and return to NAMI North Carolina**

Your name (optional): \_\_\_\_\_

Affiliate: \_\_\_\_\_

## Vote for Board of Directors

NAMI North Carolina bylaws allow for up to 20 members. Please vote for up to **6** candidates.

- |  |   |
|--|---|
| <input type="checkbox"/> <b>Dr. Larry Hagler—NAMI Pitt County</b><br>(up for re-election)  | <input type="checkbox"/> <b>Barbara diCiero—NAMI Wake County</b>  |
| <input type="checkbox"/> <b>Ernst Hayman—NAMI Coastal Division</b><br>(up for re-election) | <input type="checkbox"/> <b>Dr. Lena Klumper—NAMI Wake County</b> |
| <input type="checkbox"/> <b>Tim Nordgren—NAMI Durham</b><br>(up for re-election)           | <input type="checkbox"/> <b>Ted Thomas—NAMI Cabarrus County</b>   |
| <input type="checkbox"/> <b>Greg Roche—NAMI Orange County</b><br>(up for re-election)      | <input type="checkbox"/> <b>Tonya Williams—NAMI Wake County</b>   |

## Vote for Bylaws Amendments

- I agree with the proposed changes to the Bylaws.
- I DO NOT agree with the proposed amendment to the Bylaws.

# 2010 Nominations for the NAMI North Carolina Board of Directors

## **Barbara diCiero—NAMI Wake County**

I would like to serve on the NAMI North Carolina board of directors because of my personal challenges with depression and my professional experiences. My life work experience includes nursing and counseling. I am presently working part-time at Holly Hill Hospital (where I hold a family support group for families of patients) and plan to retire from GlaxoSmithKline this Fall. I feel that I would bring much maturity, energy and support to NAMI and after I retire in the fall—I look forward to having more time to spend on advocacy efforts. I have two master's degrees (one in counseling and one in school psychology). I also enjoy public speaking. I believe that education is effective and I have observed its power during my lifetime and I believe the mission of NAMI is a humanitarian endeavor.

In the past I have volunteered with Rape Counselors and with job training seminars. I currently volunteer with WCPE as an announcer and at Radio for the Blind as a news reader.

## **Larry Hagler—NAMI Pitt County**

I would like to continue to serve on the NAMI North Carolina Board of Directors. Over the last several years I have been the Treasurer of NAMI North Carolina and I feel that NAMI'S finances are in a much better position than when I began. Working with my local affiliate, I have participated in a variety of advocacy and educational program, including the development of the program 'Walking with Mental Illness' for the community. These issues are important to me because I have a family member living with a severe mental illness.

I served as Chair of the Administrative Board for the Jarvis Memorial United Methodist Church and I am currently on the Church Development Committee for North Carolina Conference of UMC as well as chair of Shepherd's Helpers—a group that builds handicapped ramps for those in need. I truly believe in volunteerism and enjoy volunteering in my local community very much.

## **Ernst Hayman—NAMI Coastal Division**

I would like to continue to serve as a member of the NAMI North Carolina board for a second term in order to support the mission of NAMI North Carolina by helping to bring our programs and advocacy to the attention of all North Carolinians. By continuing and expanding our educational programs such as *Family to Family*, *NAMI Basics* and support groups, consumer advocacy through *In Our Own Voice* and *Peer to Peer* and advocacy efforts to influence the state budget and program improvements through contact with our legislators, we can bring real improvement to our consumers and their families.

I have been the president of NAMI Coastal Division and am currently the Vice President. I am a *Family to Family* and *NAMI Basics* teacher and I teach child family team training to providers. I have been a fund raiser For my local NAMI in order to finance our support groups and trainings. I have spent many years with my 46yo son who has schizophrenia and others who needed help learning about mental illness and how to find help they needed. I have been a member of the Onslow Carteret Behavioral Health Services Consumer and Family Advisory Committee (OCBHS CFAC) for at least 5 yrs. Having finished my first term on the NAMI North Carolina board, taking part in this great work the board does, I would be proud to continue in this essential work!

## **Lena Klumper—NAMI Wake**

I would like to be a member of the NAMI North Carolina board due to personal and professional ties I have with those with mental illness. Mental illness runs in my family, both my mother, grandmother and numerous nieces, nephews and cousins with schizophrenia. I have a master's degree in clinical psychology and have worked closely with people with severe and persistent mental illness. In the past, I have been a member of NAMI Cumberland where I facilitated several groups. I have also been a member of NAMI Colorado and NAMI Denver.

I am very interested in serving on the board, primarily because I would like to advocate for policy changes in behavioral healthcare in North Carolina. I am also interested in ensuring the NAMI continues to provide quality programs and educational programming to those affected by mental illness. I look forward to being an active member of the NAMI North Carolina board of directors.

## **Tim Nordgren—NAMI Durham**

I am running for the NAMI North Carolina Board of Directors because I am passionate about 1) doing everything I can to make sure that people afflicted by severe and persistent mental illnesses experience the highest quality of life possible, and 2) families members of such persons receive the support, counseling and education that they need. My oldest brother was diagnosed with paranoid schizophrenia in his teen age years, and died at the age of forty-six from a medical condition related to years of heavy smoking.

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I served two years on the board of NAMI Wake County, and am currently a member of NAMI Durham. I was appointed to the NAMI North Carolina board in the summer of 2009, and look forward to serving a full term if elected. I also serve on the board of the Frankie Lemmon Foundation, which provides financial support to the Frankie Lemmon School, a school serving developmentally disabled pre-school aged children in Raleigh. In my professional life, I am an estate planning and elder law attorney practicing in Durham, and I serve as chair of the pro bono committee of the estate planning section of the North Carolina Bar Association.

#### **Greg Roche—NAMI Orange County**

I would like to continue to serve on the NAMI North Carolina board of directors because several of my family members are being treated for mental illness. In addition, I have worked in the pharmaceutical industry for 20 years with medications that treat mental illness and several organizations in the field.

I feel I am an effective board member because I have a passion for the consumers of mental health care. Currently, I work collaboratively on several committees and with the NAMI North Carolina staff to achieve strategic goals set by the board. I have experience in fund raising and I am very interested in the public policy decisions that effect a person's access to quality, affordable care in the public and private sectors. I served as a board member of the Duke Children's Classic for five years and currently I am a volunteer for Prisoner Visitation and Support at the Medical Center in the Federal Corrections Institution in Butner, NC. I also volunteer as a lay person in the Catholic ministry there.

#### **Ted Thomas—NAMI Cabarrus County**

My passion about mental health recovery and wellness runs deep and is fueled by extensive personal and professional experiences. At the age of 45, just three years following a final diagnosis and hospitalizations, I went back to school and achieved a BS in Human Services in Mental Health and Rehabilitation.

I know that with the right leadership, NAMI can be a true catalyst in reaching families and consumers, and leading the way toward recovery and wellness. I feel empowered and emboldened to represent that level of leadership on the NAMI North Carolina Board of Directors. My experience and education coupled with passion and character will be of benefit to the Board and to the whole of NAMI North Carolina. I am an experienced facilitator and trainer as well as a national speaker on topics of mental health, wellness, recovery, peer support, and system transformation. Thanks for this opportunity.

#### **Tonya Williams—NAMI Charlotte (but now lives in Raleigh)**

I would treasure the opportunity to serve on the NAMI North Carolina Board. I would like to serve on the board because I am passionate about the issues that affect people who are living with mental illness. In addition, as one of those people, I am dedicated to spending my time working to bring about change for people who live with mental illness. Further, I believe I have the skill set to make me an effective advocate for people living with mental illness.

The more people are educated about mental illness and the issues that people with mental illness face, the more compassion and understanding they will have. By sharing my own story, I believe I can go a long way towards helping to educate people about mental illness. I am a hard worker, very organized and have a real passion to help others.

## **2010 Proposed amendment to the North Carolina Board Bylaws**

The NAMI North Carolina Board of Director propose the following change to Article IV, Section I of the Bylaws. Amendments are found in bold and underlined.

### **ARTICLE IV**

#### **Meetings**

Section I. The annual meeting of the members of NAMI North Carolina shall be held in conjunction with the NAMI North Carolina annual conference each year, unless otherwise directed by the Board of Directors, on such date and at such place as the Board of Directors shall designate. At the annual meeting, vacancies on the Board will be filled in accordance with the procedures set forth in the bylaws.

Each voting member shall receive by mail or email a ballot for electing Board members and for all proposed revisions or amendments to the Bylaws not less than 30 days prior to the next annual meeting.

Ballots (electronic or paper) must be returned to the state office by the time of the conference. Members may also vote on site at the annual conference.